# VALMONT SPA







## VALMONT SPA

Step into the Bill & Coo way of life and be part of our Well Being world with our Spa Suites Concept designed to touch and elevate you.

## An oasis of serenity, privacy & elegance!

Immerse yourself in an exclusive sanctuary of tranquility and discover a new standard of relaxation in our Valmont Spa.

Offering world-class facial treatments by Valmont, luxurious body treatments and specialized massages designed to release stress and toxins. Providing pampered attention from our experts, you will leave the Spa at the Bill & Coo Suites and Lounge feeling better than ever!

Through our unique atmosphere Feel, Touch, Smell, See, Listen your inner world and let us drive you into the deep meaning of wellness through our specially designed Spa Suites where personalization and "our time" unveiling their real meaning. Viewing each Guest as a unique individual, the Valmont Spa offers personalized holistic treatments designed to relax, restore and lift the body, soul and mind.

#BillAndCooWayOfLife

## VALMONT FOR BILL & COO

Swiss Perfection meets Mykonian excellence: Valmont to Bill & Coo skin care comes, in order to offer a unique beauty and wellbeing experience to its Guests!

Rejuvenation, skin regeneration, thanks to product performance and original "Butterfly" gestures, with immediately visible results, from the first application, are the benefits of Valmont the "Magician of Time".

The pleasure of refined textures and fragrances along with the state-of-art cosmetic formulas offer efficiency, wrapped in the Valmont luxury experience. Valmont, following the Swiss tradition by using hi tech cellular cosmetics and natural resources, exclusively developed iconic treatments for both men and women to fit into the new well-being concept of our Bill & Coo Spa Suites. Both Valmont and Bill & Coo Hotels are family owned and share the same desire to innovate and achieve excellence. Dive into our well-being world and our therapists can guide you to choose the right treatment for you according to your mood and needs.



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# FACIAL TREATMENTS

## VALMONT FACIALS

Let yourself unwind in the hands of our beauticians who will initiate you to the magical world of Valmont facials:

Result-driven Valmont facials eliminate toxins and revive blood circulation while high-tech ingredients, combined with the natural resources of Switzerland, achieve spectacular antiaging results! Skin glow is restored, wrinkles are eliminated, and skin is firmer and intensely hydrated.



## DISCOVERY SHORT FACIALS

Express facial that reveals in a very short amount of time all the benefits of the Valmont range, expert in Cellular Rejuvenation; it renews and refreshes the face thanks to the anti-stress mask Renewing Pack.

#### VALMONT SUN REPAIR

This short facial provides immediate release from sensations of sun damage like tautness, burn and discomfort. The massage with Prime Regenera II with beeswax intensely repairs the skin and the hydro-lipidic film.

## HYDRATING, PURIFYING & REGENERATING FACIALS

#### CLEANSING TREATMENT PURITY OF THE ALPS BY VALMONT

This facial is focused on deep skin cleansing with the ultimate freshness and purity of formulas incorporating Glacial Spring Water from Switzerland.

#### INTENSE HYDRATION RITUAL BY VALMONT

A must for after sun exposure. This corrective hydrating facial combines a lymphatic face massage with most advanced active principles like hyaluronic acid and plants extracts from the Alps. Skin is soothed and calmed and regains radiance.

### 40 minutes

30minutes

#### 60 minutes

60 minutes

## REGENERATING, LIFTING & FIRMING & LIGHTENING TREATMENTS

#### L'ELIXIR DES GLACIERS MAJESTIC TREATMENT

This facial represents the ultimate refinement in skin care. It is an intensely nourishing, sculpting and rejuvenating care based on core Valmont ingredients allied to the quintessence of the beehive products. It includes a lifting and anti-wrinkle massage, the Japanese Ko-Bi-Do.

#### VITALITY OF GLACIERS / COLLAGEN MASK TREATMENT

A Biological Lift and Deep Hydration face treatment, with spectacular results based on Swiss tradition in Cellular Rejuvenation. A patented pure native collagen mask is used along with a specific massage technique for the face, smoothing fine lines, restoring tone, glow and suppleness.

#### EYE COLLAGEN LIFT TREATMENT

Thanks to a specific collagen eye mask and the application of the anti-wrinkle eye cream, it aims to eliminate dark circles, puffiness, fine lines and wrinkles. Excellent combination of drainage, acupressure, and firming massage. For men and women.

#### BRIGHTNESS OF ICE FACE TREATMENT

For a skin as clear and pure as ice. Based on the Expert of Light range, this facial works to clarify the complexion and improve the texture of the skin while providing overall anti-aging action.

#### SUMMIT OF THE CERVIN - LIFTING & SCULPTING FACIAL

In this resolutely lifting & firming treatment, Valmont shows its technical expertise as a tribute to one of the highest peak of the Swiss Alps, with the new Anti-Wrinkle Factor range of products.

#### REVITALIZING SOURCE FOR MEN FACIAL

This facial combines a pleasant draining face massage with ice cubes with Valmont products that best suit men skin specific problems like in-grown hair or combination skin.

90 minutes

90 minutes

60 minutes

60 minutes

60 minutes

60 minutes



# BODY TIME CONTROL BY VALMONT

## BODY TIME CONTROL BY VALMONT

Valmont channels all its cellular cosmetics expertise into Body Time Control, offering a high-performance anti-aging program that targets all signs of aging on the body.

## PURITY OF BISSES - BODY EXFOLIATION

Indulge in a perfect body exfoliation with respect of mature and dry skins, based on rose oil full of fatty acids, for a maximum hydrating effect.

## PEAKS OF SLIMNESS - FULL BODY MASSAGE

One-hour body sculpting massage, with anti-cellulite, anti-orange-peel, draining and firming action thanks to a mix of gentle movements respecting mature skins and specific original palper-rouler motions. The perfect balance between slimming and relaxation, it includes application of "Fit & Tone" duo, the slimming serum D-Solution Booster and firming cream C-Curve Shaper.

30 minutes

60 minutes



# BODY MASSAGES

Luxury Organic Oils are the ideal complement to Valmont high-end profile in skin care. Delicate summery scents surround Guests while blends of rare oils like camellia, jojoba, apricot oils with almond and grape seed oils, from all over the world, protect, nourish, firm soothe and hydrate the skin.

BACK, NECK AND SHOULDERS MASSAGE This massage allows the therapist to focus on head, back and shoulders to release the part of the body from knots of tension.	40 minutes
FOOT MASSAGE This massage relieves from the sensation of heavy legs, brinks freshness and vitality, improves blood circulation.	30 minutes
HARMONIA RELAXING MASSAGE  Medium pressure massage aiming to detoxify your muscles, activate blood circulation and relax your body and mind, following the Swedish massage technique.	60 minutes

60 minutes

75 minutes

## DEEP TISSUE MASSAGE

Deep muscular massage aimed at relieving tension and releasing toxins to promote a better circulation and well-being.

## ANCIENT GREEK MASSAGE

A genuine massage inspired by the healing tradition of Hippocrates. Exercising deep pressure, the Ancient-Greek full body massage will replenish your entire body with energy and euphoria.

## WELLNESS SPA PROGRAMS

#### **BILL & COO SIGNATURE TREATMENT**

Start with a perfect body exfoliation with respect of mature and dry skins, based on rose oil full of fatty acids, for a maximum hydrating effect. Continue with a pure organic Greek aloe vera body wrap to calm and restore the skin from sun damages. The treatment ends with a very relaxing 30min body massage with Valmont exceptional Echinacea oil to strengthen skin defense.

#### ANTI JET - LAG RITUAL

Welcome style travelers. As most of you out there will know, as wonderful as jet setting around the globe is, it does come with one rather negative factor. Jet Lag. You know how tricky it is to recover. Our ritual offers a quick way to bring you back to reality and enjoy your stay. Starting with a warm bath into our Jacuzzi session and continue with a 30 minutes focus massage.

#### JUST FOR HIM RITUAL

A back, neck and shoulders massage followed by a mini facial Valmont treatment suitable for the needs of men's skin.

#### DETOX - CLEANSING RITUAL

Surrender to this deeply detoxifying remedy and experience the energy of inner cleansing. Detoxification starts with a nice warm bath and continues with a wrap containing 3 tea extracts to assists in the elimination of toxins. Purification is increased with the body sculptor massage combining special movements and application of Valmont slimming products. The ritual ends up with a Beauty Flash Facial. This treatment is ideally suited to refine your skin and boost the metabolism.

#### HONEYMOONERS RITUAL

Indulge in a spa suite ritual complete with a Jacuzzi session, a skin exfoliation, a full body massage and a Valmont Regenerating facial, for 3 hour celebration, complemented by Champagne and seasonal fruits salad.

#### PRIVATE SPA PARTY -FROM 4 UP TO 8 PERSONS

Book our Bill & Coo Spa Suite just for you and your beloved friends for a 3-hour unforgettable moment of relaxation. Enjoy the use of hydrotherapy facilities (Sauna, Hammam, Jacuzzi), plus a 30 minutes facial or body massage and unwind with a bottle of Champagne and a selection of fine spa dishes. All guests will receive a Valmont gift upon departure.

90 minutes

60 minutes

70 minutes

150 minutes

180 minutes

180 minutes





# KID'S SPA MENU

We invite your children from 6 up to 16 years old to share a valuable spa time with you through this tailor-made kid's spa menu

MY FIRST MASSAGE

20 minutes

A relaxing massage for every little girl or boy. After a long day exploring Mykonos island and swimming in the crystal-clear Aegean blue sea, your body will thank you for treating it, to a relaxing massage and you will be ready for your next island adventure.

AEGEAN SNOW-WHITE FACIAL TREATMENT

20 minutes

A short facial to teach our children the benefits of deep-cleansing skin. This facial is specially designed to target impurities and leave your skin looking and feeling refreshed and rebalanced.

50 minutes

HEBE TEEN FACIAL

A moisturizing, purifying facial recommended particularly for teenagers.

30 minutes

"GLAM" HAND OR FOOT

Hand massage, nails neatened and nail polish/Foot massage, nails neatened and nail polish

# BEAUTY TREATMENTS

## BEAUTY TREATMENTS

From a simple application of nail polish to a full "cossetting" for soft, smooth skin and impeccable hands and feet: our professional treatments are effective and procure a sense of wellbeing. Waxing and other beauty treatments are also available.



# BEAUTIFUL HANDS & FEET

FOR HER Application of nail polish	10 minutes
APPLICATION OF FRENCH FINISH NAIL POLISH  Manicure  Pedicure	50 minutes 60 minutes
APPLICATION OF SEMI-PERMANENT NAIL POLISH Manicure Pedicure	50 minutes 60 minutes
APPLICATION OF SEMI-PERMANENT FRENCH FINISH NAIL POLISH Manicure Pedicure	55 minutes 70 minutes
REMOVAL OF SEMI-PERMANENT POLISH	30 minutes
BEAUTY HANDS OR FEET Simple manicure Express manicure Simple pedicure	45 minutes 30 minutes 55 minutes
SPA MANICURE A rejuvenating, pampering treatment for flawless soft, smooth hands and stronger nails	60 minutes
SPA PEDICURE A comforting, pampering treatment for flawless, lighter-feeling feet	70 minutes

FORHIM	
MEN'S MANICURE	30 minutes
MEN'S PEDICURE	45 minutes
SPA MANICURE A rejuvenating, pampering treatment for flawless soft, smooth hands and stronger nails	60 minutes
SPA PEDICURE A comforting, pampering treatment for flawless, lighter-feeling feet	70 minutes
WAXING	
Full leg wax	30 minutes
Half leg wax	20 minutes
Full arm wax	20 minutes
Half arm wax	15 minutes
Bikini line wax	15 minutes
Brazilian bikini wax	30 minutes
Under arm wax	15 minutes
Upper lip & chin wax	15 minutes
Chest or back wax	20 minutes
Eye brow shape	15 minutes

# SPA SUITES EXPERIENCE

Enjoy the architectural splendor of our spa exclusively with your loved ones when you indulge in a private escape. A bespoke private pampering experience is the ultimate way to refresh and unwind at our private Spa Suites.

The two Spa Suites are available to be reserved for any occasion from one up to four persons, along with the specially designed treatments. Whether it is only for one who wishes to isolate, relax, rejuvenate, cleanse, re-energize, meditate of for friends, couples and families who wish to spend time together in privacy, the two wellness spa suites are the ideal place to feel and experience the next level of wellbeing.

The Wellness Spa Suite with its dual treatment beds, separate living space for dining or lounging, as well as private bathroom and shower, sauna, steam room and jacuzzi optimizes the experience as you share precious time with yourself or with your loved ones at this unique spa escape.

The Spa Suite confers dual spa treatment beds, separate living space for dining or lounging with jacuzzi, as well as a private bathroom and shower to optimize any couple's treatment from our spa menu.

The rental includes the use of facilities and Food & Beverage supplements. An A La Carte wellness spa Suite Menu, specially designed by our Executive Chef is waiting for you to enhance your wellbeing experience. Additional to your Spa Suite time, choose any of the treatments of our spa menu for a complete rejuvenating spa experience.



## SPA ETIQUETTE

#### BOOKING

Please contact our Spa Reception with any requests relating to the Spa. For Spa enquires please call 550 (internal extension) or +30 22890 26292. We recommend booking treatments in advance to ensure your choice of appointment time.

#### PERSONALIZED TREATMENTS

Our experienced Spa Therapists are always available to create a personalized spa experience subject to your needs. Upon request treatments can be booked out of the usual operating hours.

#### SPA ARRIVAL

To ensure your optimal satisfaction and relaxation please arrive on time for your appointment and at least 15 minutes before your scheduled booking. This will allow a brief discussion about your treatment expectations for maximum benefits.

#### SPA ATTIRE

You will find a bathrobe, towels and slippers to wear during your treatments, at your personal changing area in the Spa Suites. For your comfort undergarments may be worn during treatments, but rest assured our therapists are highly trained in correct draping procedures for your complete privacy.

Swimsuits are required in some areas of the Spa. A locker for your personal belongings can be found at the Gym's changing areas.

#### **CANCELLATION POLICY**

Please allow us 24-hour notice if you wish to change or cancel an appointment, otherwise the following charges apply:

50% of the treatment fee for cancellations made between 12-24 hours beforehand

100% of the treatment fee for any non-shows, or cancellations made within 12 hours

#### LATE ARRIVAL

Should you arrive late, we may have to shorten your treatment duration in order to keep ourhigh other appointments to schedule.

#### HEALTH CONDITIONS

Please let our team know about any existing health conditions when booking your appointment, including high blood pressure, heart conditions, allergies, any recent surgeries, injuries or pregnancy.

#### AGE REQUIREMENTS

We welcome Guests aged 16 and over to the spa facilities. For younger Guest, we have created the Bill & Coo Kid's Menu, offering a range of treatments just for them. It is required for parents to accompany their children during the treatments.

#### VALUABLES

As we cannot guarantee the safety of your valuables, we recommend you leave these in your Suite's safety box. A locker is available at the Gym's changing areas.

#### VALMONT BOUTIOUF

Bring your Valmont Spa Experience home, with our exclusive range of facial and body Valmont luxury products. Our Spa team will be happy to guide your choices.

# OPERATING HOURS

EVERYDAY 10:00 - 20:00

SPA TREATMENTS

10:00 - 20:00

Last Treatment at 19:30

Wellness Spa Suites on request

Requests outside operating Hours are subject to availability.

At Bill & Coo Coast our Guests may enjoy a variety of treatments in the privacy of their Suite or at the Spa Gazebo. Please consult our Spa Team.

FOR RESERVATIONS PLEASE DIAL 550 OR \*550 FROM YOUR MOBILE DEVICE. (INHOUSE GUESTS)

# OPENING HOURS GYM (INHOUSE GUESTS)

EVERYDAY 06:00 - 00:00 Megalli Ammos, 84600 Mykonos, Greece Tel.: +30 22890 26292 spa@billandcoo.gr www.billandcoo.gr

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