# VALMONT SPA







## VALMONT FOR BILL & COO

## Swiss Perfection meets Mykonian excellence.

Valmont for Bill & Coo skin care offers a unique beauty and wellbeing experience for all. Rejuvenation and skin regeneration, thanks to product performance and original "Butterfly" gestures which offer immediate results from the first application. These are the benefits of Valmont the "Magician of Time".

Refined textures and fragrances along with state-of-the-art cosmetic formulas offer efficiency, wrapped in the Valmont luxury experience.

Following Swiss tradition by using hi tech cellular cosmetics and natural resources, exclusively developed iconic treatments for both men and women to fit into the new well-being concept of our Bill & Coo Spa Suites.

Both Valmont and Bill & Coo Hotels are family owned and share the same desire; to innovate and achieve excellence. Dive into our well-being world and our therapists will guide you in choosing the right treatment, according to your mood and needs.

#BillAndCooWayOfLife

# SIGNATURE TREATMENT

## DELOS BEAUTY FOR BILL & COO

Exclusively designed by Valmont for Bill & Coo, this treatment will assist in recharging and erasing all signs of fatigue and muscle tension. A full body treatment includes the use of an eye collagen mask and premium Elixir Glaciers products that will help you recuperate from the busy days and nights spent in Mykonos.

# WELLNESS SPA LOUNGE

75 minutes / 220€

SPA SUITES EXPERIENCE Book our spa suites and enjoy the hydrotherapy facilities, hammam, sauna and jacuzzi.	60 minutes / 100€
TRADITIONAL HAMMAM ORIENTAL RITUAL  Begin with an aromatic hammam followed by a purifying scrub using a Beldi Black Soap and applied with a Kassa Glove. The ritual continues with a purifying detox treatment using a North American Rhassoul Wrap and concludes with an oriental massage.	120 minutes /300€

## SUBLIME RITUAL FOR HONEYMOONERS

Start by indulging yourselves in complete access to our facilities, followed by a sublime body scrub and finally, a couple's Polynesian massage for a blissful experience. Intimate and luxurious.

## ANTI JET LAG RITUAL 60 minutes / 140€

A recovery hour for jet setters, start with a traditional Oriental massage and end with a Valmont hydration facial that will leave you revitalized.

## CORE THERAPY 30 minutes / 80€

An effective combination of special physiotherapy techniques which work the muscles to relieve knots, pain and tension in the back and neck area.

150 minutes / 400€

## **FACIAL TREATMENTS**

## **ANTI - AGING TREATMENTS**

Valmont Signature Rituals are available in Express or Complete treatments.

Choose between

Express treatment- without collagen Complete treatment

## INTENSE HYDRATION OF THE BISSES

This corrective hydrating facial, ideal for after sun exposure combines a lymphatic face massage with advanced active ingredients like hyaluronic acid and plant extracts from the Alps, leaving your skin feeling calm, soothed, and radian.

#### **GLACIER VITALITY**

Using a patented collagen mask, along with a distinct massage technique, this facial will smooth fine lines, restore skin tone and suppleness. A deep Cellular Rejuvenation treatment based on long Swiss tradition.

#### LUMINOSITY OF ICE

Based on the new Luminosity range, the facial reflexology massage technique works to clarify your complexion, improve skin texture all while providing instant anti-aging action.

#### LIFT FROM THE PEAKS

A deep facial message therapy, paying tribute to the fifth highest peak in the Swiss Alps, this lifting and firming facial treatment uses a range of Anti-Wrinkle Factor products to relax muscle tension.

#### FIRMNESS OF THE HILLS

This protocol improves the firmness of the skin to reveal a younger-looking face with better defined volumes. The combination of products and motion give incredible results.

Younger skin structure after a single treatment: +10.2%, 30 minutes after conclusion of the treatment. The skin appears denser, more elastic, feels firmer, contours of the face are better defined and the volumes are remodeled.

45 minutes / 110€ 75 minutes / 200€

# REGENERATING, LIFTING, FIRMING AND LIGHTENING TREATMENTS

#### L'ELIXIR DES GLACIERS MAJESTIC TREATMENT

Using the Japanese technique Ko-Bi-Do, this anti-wrinkle and lifting massage nourishes, sculpts and rejuvenates, offering the ultimate refinement in skin care. Based on core Valmont ingredients allied to the quintessence of beehive products.

#### PURITY OF THE ALPS

Offering the ultimate freshness and purity of formulas incorporating Glacial Spring Water from Switzerland, this treatment is focused on deep skin cleansing.

#### EYE COLLAGEN LIFT

Using a collagen eye mask and the application of an anti-wrinkle eye cream, it aims to eliminate dark circles, puffiness, fine lines and wrinkles. Excellent combination of drainage, acupressure, and firming massage, Suitable for men and women.

90 minutes / 320€

60 minutes / 130€

60 minutes / 120€



# **BODY TREATMENTS BY VALMONT**

## PURITY OF BISSES

45 minutes / 100€

Indulge in a full body exfoliation, based on the use of rose oil full of fatty acids for maximum hydrating effect, suitable for mature and dry skin types.

## PEAKS OF SLIMNESS

60 minutes / 140€

Using a variety of gentle movements, specifically the palper-rouler technique, this is a full body sculpting massage, with anti-cellulite, anti-orange-peel, draining and firming action. It includes the application of the "Fit & Tone" duo, slimming serum D-Solution Booster and firming cream C-Curve Shaper.



# **BODY DESTINATIONS BY CINQ MONDES**

Take a sensory journey across Morocco, India and Polynesia and experience a unique selection of ancestral treatments marked by quality, authenticity and ceremony, helping restore harmony to the body and mind.

#### CINQ MONDES SCRUB COLLECTION

Choose between black soap Beldi, the aromatic scrub with spices or the sublime scrub with tiaré and monoï. A perfect scrub to complete any hydrotherapy or massage experience.

#### AFTER SUN CARE WITH ALOE VERA

A soothing body treatment using aloe gel and aloe butter, ideal for after sun exposure that will leave you with a sensation of refreshment and regeneration.

#### ANCIENT GREEK MASSAGE

Inspired by the healing tradition of Hippocrates this is a deep pressure massage to help sooth muscular pain and assist in replenishing the body with energy and vitality.

#### CALMING ORIENTAL MASSAGE RITUAL

Using perfumed hot Argan oil, the therapist works on releasing knots and tension while promoting a state of wellness to the entire body, eliminating toxins and muscle pain.

#### TONIFYING INDIAN MASSAGE RITUAL

This hot oil tonifying massage from a millennia old Indian tradition, relies on a combination of invigorating strokes. Enjoy the vanilla and cardamom fragrances of this treatment that will help relieve muscle pain, encourage sound sleep and leave skin feeling silky-smooth.

#### SOOTHING FRENCH-POLYNESIAN MASSAGE RITUAL

Inherited from Polynesian healers and inspired by Lomi-Lomi, this body massage uses long continuous movements and deep pressure from the therapist's forearms. Tiare flower notes accompany you all along this blissful experience for instant relief.

30 minutes /80€

60 minutes / 140€

80 minutes / 180€

30 minutes / 1hour 100€/150€

60 minutes /80 minutes 150€/180€

60 minutes /80 minutes

150€ / 180€

# **AYURVEDIC TRADITION**

## INDIAN HEAD MASSAGE

Discover the virtues of this deeply relaxing massage. Focusing on the back, neck and shoulder blades, this treatment releases built-up tension while providing a feeling of wellbeing and total relaxation.

#### INDIAN LEG MASSAGE

Get relief from the sensation of heavy legs with this draining, toning and circulatory improving massage. This Ayurvedic tradition helps you regain the feeling of vitality and lightness.

## KID'S SPA MENU

We invite your children from 6 up to 16 years old to share a valuable spa time with you through this tailor-made kid's spa menu.

#### MY FIRST MASSAGE

30 minutes / 90€

30 minutes / 90€

A relaxing massage for every little girl or boy. After a long day exploring Mykonos island and swimming in the crystal-clear Aegean blue sea, your body will thank you for treating it, to a relaxing massage and you will be ready for your next island adventure.

#### AEGEAN SNOW-WHITE FACIAL TREATMENT

A short facial to teach our children the benefits of deep-cleansing skin. This facial is specially designed to target impurities and leave your skin looking and feeling refreshed and rebalanced.

HEBE TEEN FACIAL 50 minutes / 70€

A moisturizing, purifying facial recommended particularly for teenagers.

12

13

20 minutes /50€

20 minutes /50€



# SPA ETIQUETTE

#### BOOKING

Please contact our Spa Reception with any requests relating to the Spa. For Spa enquires please call 550 (internal extension) or +30 22890 26292. We recommend booking treatments in advance to ensure your choice of appointment time.

#### PERSONALIZED TREATMENTS

Our experienced Spa Therapists are always available to create a personalized spa experience subject to your needs. Upon request treatments can be booked out of the usual operating hours.

#### SPA ARRIVAI

To ensure your optimal satisfaction and relaxation please arrive on time for your appointment and at least 15 minutes before your scheduled booking. This will allow for us to have brief discussion about your treatment expectations to ensure maximum benefits.

#### SPA ATTIRE

You will find a bathrobe, towels and slippers to wear during your treatments, at your personal changing area in the Spa Suites. For your comfort undergarments may be worn during treatments, but rest assured our therapists are highly trained in correct draping procedures for your complete privacy. Swimsuits are required in some areas of the Spa. A locker for your personal belongings can be found at the Gym's changing areas.

#### CANCELLATION POLICY

Please allow us 24-hour notice if you wish to change or cancel an appointment, otherwise the following charges apply: 50% of the treatment fee for cancellations made between 12-24 hours beforehand. 100% of the treatment fee for any non-shows, or cancellations made within 12 hours.

#### LATE ARRIVAL

Should you arrive late, we may have to shorten your treatment duration in order to keep our other appointments to schedule.

#### HEALTH CONDITIONS

Please let our team know about any existing health conditions when booking your appointment, including high blood pressure, heart conditions, allergies, any recent surgeries, injuries, or pregnancy.

#### AGE REQUIREMENTS

We welcome Guests aged 16 and over to the spa facilities. For younger Guests, we have created the Bill & Coo Kid's Menu, offering a range of treatments. It is required for parents to accompany their children during the treatments.

#### VALUABLES

As we cannot guarantee the safety of your valuables, we recommend you leave these in your Suite's safety box. A locker is available at the Gym's changing areas.

#### VALMONT BOUTIQUE

Bring your Valmont Spa Experience home, with our exclusive range of facial and body Valmont luxury products. Our Spa team will be happy to guide your choices.

## **OPERATING HOURS**

DAILY

11:00 - 20:00

Wellness Spa Suites on request

Requests outside operating Hours are subject to availability.

At Bill & Coo our Guests may also enjoy a variety of treatments in the privacy of their Suite or at the Spa Gazebo. Please consult our Spa Team.

#### FOR RESERVATIONS, PLEASE PLEASE CONTACT US BY:

Dialing 550 from your hotel suite phone (hotel guests)
Calling +30 22890 26292
Sending us a WhatsApp message at +30 698 555 2444
Sending us a request with the Bill & Coo mobile app

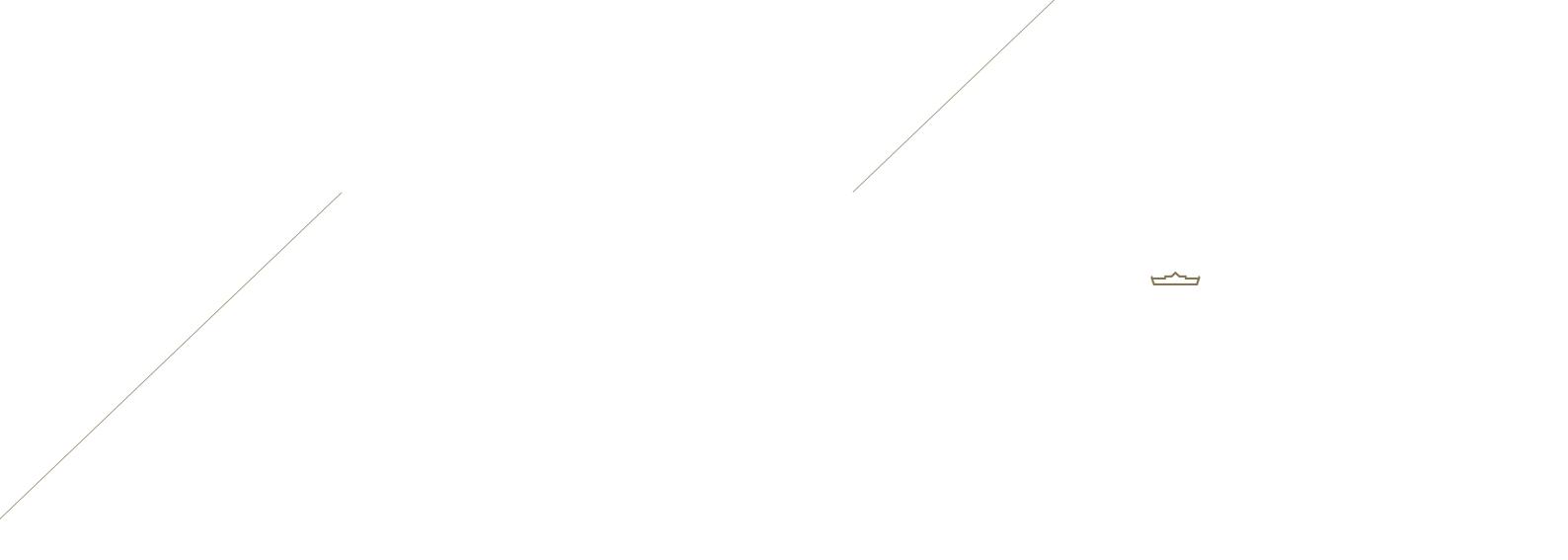
# OPERATING HOURS GYM (INHOUSE GUESTS)

DAILY

24Hrs

Salon services including nail treatments, waxing and hair cutting, coloring and styling are available upon request. Please contact our front desk for your bookings at concierge@billandcoo.gr

16



Megalli Ammos, 84600 Mykonos, Greece Tel.: +30 22890 26292 spa@billandcoo.gr www.billandcoo.gr

#BillAndCooWayOfLife





